

Episode 6

Alison: Hi there. We hope you are enjoying our 'Waste a Minute' series of videos where we are going into more detail about the most efficient ways to recycle the 'BIG 5' items for your silver bin in Cheshire East. So just a quick refresher: we need residents to return to their pre-lockdown good habits of only placing the BIG 5 items into their silver recycling bin. These are: **Paper, Cardboard, Soft Plastics, Glass and Aluminium..** Remember: **If in doubt, leave it out.** Lisa, what are we talking about today?

Lisa: Thanks Alison. Today's BIG 5 item is PAPER and here's some food for thought for you: *If every person in the UK recycled just 10% more paper, we would save approximately 5 million trees each year.* So with that thought in mind, we are going to give you some tips on how to recycle as much paper as possible, in the most efficient way. Alison.

Alison: I suspect that some of you have spent time shredding confidential documents? Well actually shredded paper great for recycling and it is so small it can often slip through the recycling net as it were. So what can we do instead Lise?

Lisa: Yes, whilst it is important not to leave our personal details on documents there are other ways we can deal with this. Simply tearing out your name and address on a document can be enough to anonymise the information such as this junk mail I have here. Place the whole document in the recycling along with the torn pieces of personal information and you don't need to worry about small staples. If there is too much sensitive data and you must shred then you can place no more than one carrier bag's worth of shredded paper per silver bin, but please put it in the bin loose and not in a carrier bag.

Alison: Yes as you can imagine, if we all put tonnes of tiny pieces of shredded paper through the recycling plant it would just clog up the machinery so LEAVE IT LARGE! Lise I went onto the 'Waste Watchers' App that I downloaded onto my phone and it has a really useful section called 'What Goes Where' You click on that and individual items are listed in alphabetical order. Well during lockdown I had lots of time to sort through some old photographs and I was going to put them in my silver bin, but I wasn't sure, so I looked up Photographs on the 'Wastewatchers' App and guess what? They actually have a plastic film covering so are classed as a bonded product that cannot easily be separated, so photographs need to be disposed of in the black waste bin. I learnt something new today Lise!

Lise: Yes and although we covered bonded products previously with bonded plastics, the same applies to paper. You cannot recycle paper that has foil or glitter or things stuck to them such as polystyrene sticky pads. So the most sustainable thing you can do is buy wrapping paper and cards with NO FOIL, GLITTER OR STICKY ITEMS ATTACHED. But if you do receive any with foil or glitter on, you can still tear the card in half, put the front of the card in the BLACK WASTE BIN but the back of the card can still be recycled into the silver bin. Alison

Alison: I hope you feel this video was helpful. Please share with your friends and family to help them too. Look out for our next video on Metal recycling. In the meantime remember, just the BIG 5 in your silver recycling bin please and perfect paper preservation is to 'LEAVE IT LARGE'. Thanks for listening!