

Transcript: Reducing plastic in the home from our Waste Reduction  
Volunteer Angela

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00:00:09.355 --> 00:00:11.735

Hi, my name is Angela Ima.

1

00:00:12.075 --> 00:00:15.175

I'm a Social East Waste Reduction volunteer.

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00:00:15.915 --> 00:00:17.615

We are responsible for managing

3

00:00:17.715 --> 00:00:20.695

and collecting waste of residents in the community,

4

00:00:21.435 --> 00:00:24.895

and today I'm going to be talking about life

5

00:00:24.925 --> 00:00:25.975

with less plastic

6

00:00:26.795 --> 00:00:29.735

and 10 ways you can reduce plastic in your homes.

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00:00:30.145 --> 00:00:32.695

First of all, it's very important to understand

8

00:00:32.695 --> 00:00:35.135

that plastic waste can be very harmful,

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00:00:35.795 --> 00:00:38.735

and it's a major contributor to global warming.

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00:00:39.235 --> 00:00:43.695

Almost all plastic are made up of fuel, like crude oil,

11

00:00:44.395 --> 00:00:48.695

gas, and coal humanity produce almost

12

00:00:49.275 --> 00:00:53.215

or more than 430 billion tons

13

00:00:53.435 --> 00:00:54.815

of plastic annually.

14

00:00:55.395 --> 00:00:59.855

So third of which are short leaf products that either turn

15

00:00:59.875 --> 00:01:04.735

to waste or are being recycled back into the food chain

16

00:01:05.075 --> 00:01:07.935

for use, plastic causes a lot of problems

17

00:01:08.285 --> 00:01:10.815

because it does not biodegrade.

18

00:01:11.325 --> 00:01:14.495

That means it takes over a thousand years

19

00:01:14.595 --> 00:01:15.615

for it to break down.

20

00:01:16.955 --> 00:01:20.335

So when it is being discarded into the environment,

21

00:01:20.875 --> 00:01:24.295

it builds up until it gets to this crisis points.

22

00:01:25.115 --> 00:01:28.255

And hence, it causes a lot

23

00:01:28.255 --> 00:01:30.215

of pollution in our community.

24

00:01:30.475 --> 00:01:33.735

10 ways we can reduce plastic in our homes today.

25

00:01:34.475 --> 00:01:38.615

Number one, we can use the plastic free bar soap instead

26

00:01:38.615 --> 00:01:41.855

of the liquid soap and the plastic currents.

27

00:01:41.965 --> 00:01:46.455

Instead of using the normal shopping bags, the nylon bags,

28

00:01:47.005 --> 00:01:51.735  
it's better we use the textile bags or the clot bag.

29  
00:01:52.245 --> 00:01:55.735  
It's we usable and it's quite solid

30  
00:01:56.435 --> 00:01:57.855  
and can be washed.

31  
00:01:58.435 --> 00:02:02.615  
Number three. And you can use the bee wax wrap

32  
00:02:03.045 --> 00:02:06.575  
instead of the clean film wrap, which is,

33  
00:02:07.545 --> 00:02:09.535  
which creates more waste in our homes.

34  
00:02:09.555 --> 00:02:14.215  
Number four, it's better to buy a perfume made up of glass

35  
00:02:15.005 --> 00:02:18.335  
than the plastic, which costs a lot of waste

36  
00:02:18.395 --> 00:02:20.535  
and harm to our community.

37  
00:02:21.515 --> 00:02:26.255  
In a glass of Mays is better off than buying a can made up

38  
00:02:26.255 --> 00:02:30.375  
of plastics instead of buying a juice in a can

39  
00:02:30.675 --> 00:02:34.175  
or plastic bottle is better to buy a juice

40  
00:02:34.315 --> 00:02:38.815  
or drink in a cut on packaging, which this is a better way

41  
00:02:38.815 --> 00:02:41.975  
of saving or using less plastic in the home's.

42  
00:02:42.035 --> 00:02:45.775  
Number seven, it's better of using silicone bags

43  
00:02:46.155 --> 00:02:48.855  
for packaging your food in your refrigerator instead

44  
00:02:48.855 --> 00:02:51.535  
of using different cans to package your food.

45  
00:02:51.805 --> 00:02:56.335  
This can also reduce the level of plastic usage in the home.

46  
00:02:56.555 --> 00:03:00.205  
Number eight, instead of using the disposable toothbrush,

47  
00:03:00.635 --> 00:03:03.005  
it's better to use the bamboo toothbrush,

48  
00:03:03.215 --> 00:03:04.725  
which can be reused

49  
00:03:05.265 --> 00:03:08.845  
and recycled number nine in the kitchen.

50  
00:03:09.595 --> 00:03:13.445  
It's better of using the re, um, reusable

51  
00:03:13.505 --> 00:03:17.565  
or refillable washing liquid instead

52  
00:03:17.645 --> 00:03:20.165  
of using the dispo, the disposable one.

53  
00:03:20.515 --> 00:03:24.845  
This can help prevent plastic, uh, wastage.

54  
00:03:25.025 --> 00:03:29.445  
Number 10, in order to achieve less plastic in the home,

55  
00:03:29.835 --> 00:03:34.285  
it's very important to use, uh, glass flowers

56  
00:03:34.795 --> 00:03:36.045  
instead of a plastic.

57

00:03:36.675 --> 00:03:38.045  
This is very important

58  
00:03:38.305 --> 00:03:41.325  
and can be very beneficial in the home.

59  
00:03:41.985 --> 00:03:44.525  
So hope you, you found this video helpful.

60  
00:03:45.105 --> 00:03:47.405  
Please follow us for more videos like this

61  
00:03:47.985 --> 00:03:49.445  
and see you next time.

62  
00:03:49.555 --> 00:03:50.045  
Bye-Bye.