

# A to Z of Waste

## M,N,O

**Lisa:** Today we shall bring to life many of the common items that are featured on the A to Z list of 'What waste goes where'. Today we are covering M,N,O. If you would like to view the full list please download our free Waste Watchers app. What have you got for M Alison?

### M

**Alison:** Mattresses! Once you have got it in a car or van it is much kinder on the environment to take it to your nearest Household Waste Recycling Centre – and it is free to do so.

What about N Lisa?

### N

**Lisa:** Nail Varnish Bottles – because of the contents, these need to go in your black general waste bin. Another one is needles and syringes, these need to be disposed of in a special sharps bin, never in any of your household bins. The sharps bin can be returned to your GP surgery or local pharmacy. For more information contact the NHS. Alison how about letter O?

### O

**Alison:** Well did you know that pouring any oil down the drain is illegal? It's also very damaging for the environment, affecting aquatic life and contaminating water supplies. It is also harmful to put oil in soil or sewers. Motor oil and cooking oil can be recycled at all Household waste Recycling Centres.

**Lisa:** Hopefully 1 or 2 useful tips there. Alison and I will be back with some more common items that you might not be sure what to do with, when you have finished with them.

Thanks for listening!